



Fenwick Friars Rugby Football Club

Emergency Action Plan

The following are the policies and procedures that will be followed by all Fenwick Rugby playing sides to ensure the safest possible participation by all players and the most appropriate response to emergency or injurious situations.

1. No Match, whether a league match, scrimmage match, or non-league match, will take place without the presence of a certified athletic trainer.
2. No practice session will take place without the presence of a first-aid kit.
3. All training sessions will be attended by a USA Rugby Certified Coach who has completed the annual requirement of annual completion of the World Rugby FAIR and Concussion training modules.
4. Any training session that includes activities requiring contact will be supervised by a USA Rugby 200 level certified coach.
5. Fenwick Rugby contracts with certified Athletic trainers using Go4 app.
6. The Head Coach will assume responsibility for the communication(s) necessary to ensure the presence of an ATC at all home matches/scrimmages.
7. The locations where Fenwick Rugby holds practice sessions/scrimmages/home matches are: Serpico Field, Melrose Park; Fenwick Priory athletic fields, Riverside, Triton College, River Grove.
8. Fenwick Rugby staff will be in possession of a working cell phone at all practice session/scrimmages and matches.
9. All Fenwick staff will maintain the Fenwick Rugby Emergency Contact list in his cell phone.
10. The Go4 ATC will make the final determination of player removal from play and transport to emergency care.
11. In the case of the need for emergency transport of a Fenwick player, if that player's parent is not available to accompany him, a Fenwick coach will go with the player. In this situation, a Fenwick coach will call the parent(s) to inform them of the situation.
12. No player will take part in full-contact/full-speed play unless he has been observed demonstrating appropriate tackling technique/skills in a practice environment of progressive intensity.
13. The Fenwick Rugby Club will follow Fenwick High School protocols for return to play following concussion for all players.
14. Closest hospitals:
 - a. Fenwick Priory Athletic Fields: Rush Oak Park Hospital, 520 S Maple Ave, Oak Park, 708-383-9300
 - b. Serpico Field: Gottlieb Memorial Hospital, 701 W North Ave, Melrose Park IL 60160; 708-681-3200
 - c. Triton College: Gottlieb Memorial Hospital, 701 W North Ave, Melrose Park IL 60160; 708-681-3200