



ILLINOIS STATE CHAMPIONS

High School Boys Varsity Division 1 2009 & 2014

High School Girls 2019

U14 Division 1 2016, Olympic 7s 2018

U12 Olympic 7s 2016 & 2017

EMERGENCY ACTION PLAN

GENERAL INFORMATION:

- I. **Contact Information:** Emergency Phone: Dial 9-1-1 for all emergencies!
- II. **Items to be present for Home Matches:**
- A. Medical Professional (Athletic Trainer, EMT, First Responder, Medical Doctor, or other Trained Medical Professional) present at Match. The Medical Professional must be prepared and equipped to provide first aid, medical treatment, and concussion testing.
 - B. First Aid Kit: Fully stocked First Aid Kit
 - C. Player Medical Information: Allergy Information for all Chiefs athletes (Binder or Electronic File carried by all coaches).
 - D. Cell Phone: Charged cellular phone for the Call person
- III. **Items to be present for all Training Sessions:**
- A. First Aid Trained Individual: Coach, Parent, Administrator, or Player with Current First Aid and CPR training.
 - B. First Aid Kit: Fully stocked First Aid Kit
 - E. Player Medical Information: Allergy Information for all Chiefs athletes (Binder or Electronic File carried by all coaches).
 - C. Cell Phone: Charged cellular phone for the Call person

I. **CHARGE PERSON:** At each Match and/or Training Session, a **CHARGE PERSON** will be designated prior to beginning. The **CHARGE PERSON** shall be:

- 1st option: Head Coach
- 2nd option: Assistant Coach
- 3rd option: Executive Member / Other Coach / Referee / Parent / Captain

In the event of an Emergency, the **CHARGE PERSON** will be responsible for:

1. Managing and implementing the Emergency Action Plan when deemed necessary. This person will also assess the situation and injury status of the athlete (ABC's – airway, breathing, circulation).
2. They will secure the area and shelter the injured athlete(s) from the elements.
3. They will protect themselves and the athlete(s) by wearing protective gloves if he/she is in contact with body fluids.
4. The **CHARGE PERSON** will appoint a **CALL PERSON** and **CONTROL PERSON** when and if the Emergency Action Plan is put into effect.



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II. CALL PERSON: The **CALL PERSON** will be appointed by the **CONTROL PERSON** in the event of an Emergency. The **CALL PERSON** will:

1. Call 9-1-1!
2. Inform the dispatcher the nature of the injury, including the following information whenever possible:
 - Type of emergency (i.e. Injuries sustained and number of athletes injured.)
 - Level of consciousness
 - Is the athlete bleeding and, if so, how badly?
 - What type of First Aid has already been administered?
 - Directions to the Injury Location
 - Cell phone # from which the call is being made
 - **REMEMBER TO LET THE DISPATCHER TERMINATE THE CALL!!!**
3. This person must then report back to the **CHARGE PERSON** that 9-1-1 has been called.
4. The **CALL PERSON** then must wait for the arrival of the first responders, ensure access to the injured athlete(s), and provide directions to injured athlete(s) when emergency personnel arrive.

The **CALL PERSON** shall be:

- 1st option: Assistant Coach
- 2nd option: Executive Member / Other Coach
- 3rd option: Referee / Parent / Captain

III. CONTROL PERSON: The **CONTROL PERSON** will be appointed by the **CHARGE PERSON** in the event of an Emergency. The **CONTROL PERSON** will:

1. Keep all other persons away from the injured athlete(s)
2. Control the players and spectators.
3. Contacting the injured athlete's emergency contact.

The **CONTROL PERSON** shall be:

- 1st option: Assistant Coach
- 2nd option: Executive Member / Other Coach
- 3rd option: Referee / Parent / Captain



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EMERGENCY ACTION PLAN – EMERGENCY ROOM

- I. **Home Facility:** Go For It Sports, 9231 Galena Road, Yorkville, IL 60560
- II. **Nearest Emergency Room:** Rush-Copley Emergency Room, 1122 West Veterans Parkway, Yorkville, IL 60560

Directions and Map to the Nearest Emergency Room from this location:

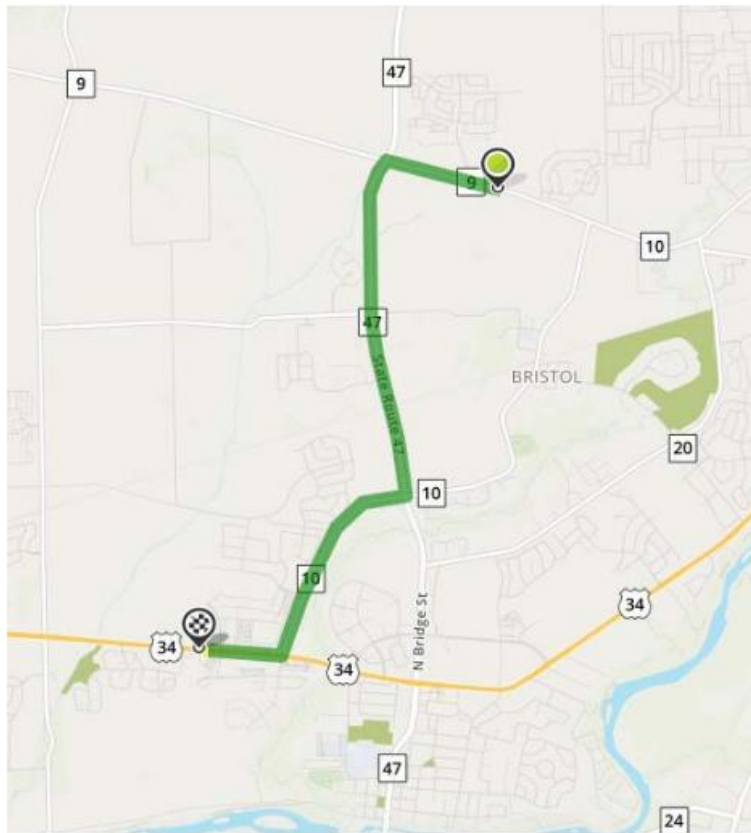
Distance is approximately: 4.8 miles

Drive Time is approximately: 6 minutes

Starting Point A – Go For It Sports, 9231 Galena Road, Yorkville, IL 60560

- Start out going west on Galena Rd/County Hwy-9 toward Rt. 47 for 0.76 Miles
- Turn Left on State Route 47/IL-47 for 2.16 miles
- Turn Right onto Cannonball Trail/County Hwy-10 for 1.38 miles
- Turn Right onto US Highway 34/US-34 W for 0.50 miles

Ending Point B – Rush-Copley Walk-In Care, 1122 West Veterans Parkway, Yorkville, IL 60560





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EMERGENCY ACTION PLAN - HOSPITAL

- I. **Home Facility:** Go For It Sports, 9231 Galena Road, Yorkville, IL 60560
- II. **Nearest Hospital:** Rush-Copley Medical Center, 2000 Ogden Ave, Aurora, IL 60504

Directions and Map to the Nearest Hospital from this location:

Distance is approximately: 10.1 miles

Drive Time is approximately: 15 minutes

Starting Point A – Go For It Sports, 9231 Galena Road, Yorkville, IL 60560

- Start out going east on Galena Rd/County Hwy-9 toward Orchard Road for 3.05 miles
- Turn Left on Orchard Road for 0.85 miles
- Turn Right on US Route 30/US-30E. for 4.78 miles
- Turn Left onto US Highway 34/US-30 E/US-34 E. Follow US-34 E for 1.38 miles
- Turn Left to Rush-Copley Medical Center

Ending Point B – Rush-Copley Medical Center, 2000 Ogden Ave, Aurora, IL 60504

