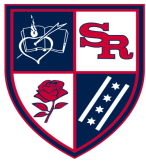


St. Rita High School Rugby Football Club

The following are the policies and procedures that will be followed by all St. Rita Rugby Football Club playing sides to ensure the safest possible participation by all players and the most appropriate response to an emergency situation.

1. No Match, whether a league match, scrimmage match, or non-league match, will take place without the presence of a certified athletic trainer.
2. No practice session will take place without the presence of a first-aid kit. The closest AED is in the Football Locker Room Adjacent to Concession stand. Second closest is Fitness Center, and Third Closest is in Gym.
3. All training sessions will be attended by a USA Rugby Certified Coach who has completed the annual requirement of annual completion of the World Rugby FAIR and Concussion training modules.
4. Any training session that includes activities requiring contact will be supervised by a USA Rugby 200 level certified coach.
5. St Rita HS RFC and Athletic Dept, has Contracted Athletico to be available for all matches home and away.
6. The Head Coach and Athletic Director will assume responsibility for the communication(s) necessary to ensure the presence of an ATC at all home matches/scrimmages.
7. All Home Practices and Matches will take place on St. Rita's Campus
7740 S. Western Ave. At Doyle Stadium or on Soph Practice Field
8. St. Rita RFC staff will be in possession of a working cell phone at all practice session/scrimmages and matches.
9. All St. Rita coaches and Staff will have access to all Emergency contact information for players via the Game Changer App.
10. The Athletico CAT will make the final determination of player removal from play and transport to emergency care.
11. In the case of the need for emergency transport of a St. Rita Player, if that player's parent is not available to accompany him, a St. Rita coach or AD will go with the player. In this situation, a St. Rita coach will call the parent(s)/Guardian to inform them of the situation.
12. No player will take part in full-contact/full-speed play unless he has been observed demonstrating appropriate tackling technique/skills in a practice environment of progressive intensity.
13. The St. Rita Rugby Football Club will follow St Rita High School protocols for return to play following concussion for all players.
14. All coaches have, at minimum, been certified in First Aid in Rugby (FAIR); in addition to Cardiac Arrest; Heat Exhaustion; and Concussion recognition through World Rugby certifications and will initiate protocols as defined by this training.
- 15 Closest hospitals:
 - Little Company of Mary Hospital
 - Christ Hospital



St. Rita High School Rugby Football Club

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