

EMERGENCY ACTION PLAN

Rockford Ravens High School Rugby Club

HEAD COACH

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CERTIFIED ATHLETIC TRAINER (ATC(s))

The club contracts with Athletico Physical Therapy for the required Certified Athletic Trainers. In the event Athletico cannot provide a Certified Athletic Trainer the club will ensure a certified medical professional is in attendance at the game in accordance with Competition and Training Handbook, section 4.8.

PREFERRED HOSPITAL

Facility Name: Javon Bea – Riverside

Address: 8201 E Riverside Blvd, Rockford, IL 61114

Phone: (815)-971-7000

Driving directions from venue:

Exit Lyran Park using main entrance. Turn right onto South Bend Road. Turn right onto Kishwaukee Rd. Turn left onto Beltline Rd./Illinois Route 2, (4.3 mi.) Merge right onto US-20 E. Take US-20 E, I-39 N, I-90 W to East Riverside Blvd. Take exit 12 from I-39 N / I-90 W. Turn right onto Mercy Way. Follow signs to Emergency Room entrance.

MEDICAL PLAN

A Certified Athletic Trainer (ATC) will be present for all home matches in order to tape and prepare the players for the first game. Ice, water, and tape will be provided at the game site. Rockford Ravens staff will be in possession of a working cell phone at all practices and matches. The Rockford Ravens head coach will maintain emergency contact information for all players and parents at all practices and matches. Rockford Raven staff will have copies of maps to Javon Bea – Rockton, located at 2400 North Rockton Avenue in Rockford, IL 61103 at all home matches. The Rockford Ravens athletic trainer will make the final determination of player removal from play and/or transport to emergency care.

If injury occurs during warm-ups or outside of a scheduled game the athlete should report to the ATC for assistance. If injury occurs during a match, the first medical staff to the scene will conduct a primary on-field assessment. If the injury is not serious the medical staff will bring the athlete to the sidelines and conduct a secondary assessment. If the injury is serious the tournament ATC will take the field and assist. The ATC will inspect the athlete and determine if transport to the hospital is necessary. In the case of the need for emergency transport of a player, if that player's parent is not available to accompany her, a Rockford Ravens staff member will go with the player. In this situation, the head coach will call the parent(s) to inform them of the situation, and, if necessary, 911 emergency responders.

All major treatment of injuries will be recorded in a medical report by the medical staff that administered treatment. The Rockford Ravens staff will collect the reports at the end of each day of competition. If there is a dispute over the medical care of an athlete this must be brought to the attention of the head coach and the incident will be recorded in writing. Situations such as this will be dealt with on a case-by-case basis.

Concussion protocol will be followed by all club members. Any player with a potential concussion will be examined by a health care professional and cleared for return to play by rejoining practices or competition. This examination and clearance will be documented by team staff.