



## EMERGENCY ACTION PLAN

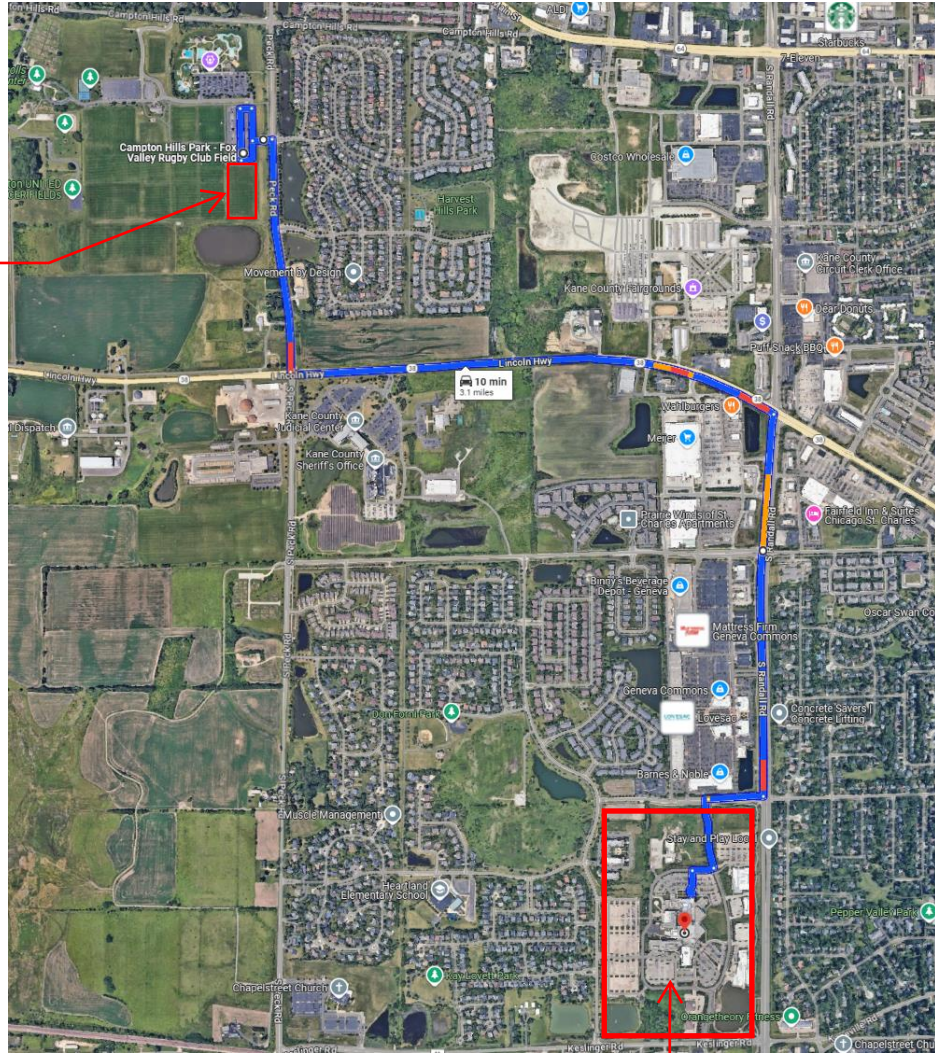
### General Information:

1. **Contact Information: EMERGENCY PHONE; DIAL 911 FOR ALL EMERGENCIES**
2. **Items to be present for Home Matches:**
  - a. Medical Professional, i.e. athletic trainer, EMT, First Responder or Trained Medical Professional present on match day. All medical professionals must be prepared and equipped to provide first aid, medical treatment, and concussion testing.
  - b. First Aid Kit: Fully stocked
  - c. Cell Phone
3. **Items to be present for all Training Sessions:**
  - a. All coaches have, at minimum, been certified in First Aid in Rugby (FAIR); in addition to Cardiac Arrest; Heat Exhaustion; and Concussion recognition through World Rugby certifications and will initiate protocols as defined by this training.
  - b. All coaches have completed USAR L100; L200; or L300 coaching certifications or World Rugby, or World Rugby member equivalents.
  - c. A baseline medical kit will be at all training sessions to address minor injuries.
  - d. At least one L200 (or equivalent) certified coach will be present at all training sessions where contact drills take place.
4. **EMS Protocol:**
  - a. When you call EMS, provide your name and title or position, current address, telephone number; number of individuals injured; condition of injured; first aid treatment; specific directions; other information as requested.
  - b. Scene control: Limit scene to first aid providers and move bystanders away from area.
5. **Emergency Task Assignments Assigned to:**
  - a. Immediate care of the injured or ill participant: Athletic Trainer or First Responder or Coach
  - b. Emergency equipment retrieval: Responsible individual nearby
  - c. Call EMS: Responsible individual nearby
  - d. Flag down EMS and direct to scene: Responsible individual nearby
6. **Facility Addresses**
  - a. Practice Facility: James O. Breen Park, Campton Hills Road and, Peck Rd, St. Charles, IL 60175
  - b. Competition Facility: James O. Breen Park, Campton Hills Road and, Peck Rd, St. Charles, IL 60175
  - c. Outdoor Facility: James O. Breen Park, Campton Hills Road and, Peck Rd, St. Charles, IL 60175
7. **Hospital:**
  - a. Name: Delnor Hospital
  - b. Address: 300 Randall Rd., Geneva, IL 60134
  - c. Phone: 630-208-3000

**8. Hospital Directions**

- a. Exit parking lot onto Peck Rd., **travel south** On Peck Rd. to IL Rt. 38,
- b. **TURN LEFT** (East Bound) on IL Rt. 38 to Randall Rd.,
- c. **TURN RIGHT** (South Bound) onto Randall Rd.
- d. Delnor Hospital is located approximately one mile, located on the west side of Randall Rd.

Practice Facility  
Competition Facility  
Outdoor Facility



Delnor Hospital Campus