



**CHESTERTON ACADEMY
OF THE HOLY FAMILY**

Chesterton Academy Saints RFC

Chesterton Academy of the Holy Family, NFP.

Emergency Action/Safety Plan/Policies (EASPP)

The following are the policies and procedures that will be followed by the CATHF Saints to ensure the safest possible participation by all players and the most appropriate response to emergency or injurious situations.

1. No full-contact/full-speed game play will take place without the presence of a certified athletic trainer.
2. No practice session will take place without the presence of a complete first-aid kit.
3. All training sessions will be attended by a USA Rugby Certified Coach who has completed the annual requirement of annual completion of the World Rugby FAIR and Concussion training modules.
4. Any training session that includes activities requiring contact will be supervised by a USA Rugby 200 level certified coach.
5. CATHF Saints ensures that an athletic trainer is present for all club home matches.
6. The CATHF Saints staff will assume responsibility for the communication(s) necessary to ensure the presence of an athletic trainer at all home matches/scrimmages.
7. The locations where CATHF practice sessions take place is at 5205 Kingston Avenue Lisle Illinois, Benedictine University 5700 College Rd, Lisle, IL 60532 or Covington Knolls Park 1003 Covington Dr, Lemont, IL. Home match locations are TBD.
8. CATHF Saints coaching staff will be in possession of a working cell phone at all practice session/scrimmages and matches.
9. CATHF Saints coaching staff will maintain the CATHF Emergency Contact list.
10. CATHF Saints coaching staff will have address to nearest hospital at all home matches/scrimmages. Only the athlete's parent or an ambulance may transport an injured athlete.
11. The Athletic Trainer will make the final determination of player removal from play and transport to emergency care via ambulance or their own parent.
12. In the case of the need for emergency transport of a CATHF player, if that player's parent is not available to accompany him, a CATHF coach will go with the player in the ambulance. In this situation, a CATHF coach will call the parent(s) to inform them of the situation.
13. No player will take part in full-contact/full-speed play unless he has been observed demonstrating appropriate tackling technique/skills in a practice environment of progressive intensity.
14. CATHF Saints will follow World Rugby guidelines for return to play following concussion for all players.
15. Closest hospital is to CATHF is Advocate Good Samaritan, 3815 Highland Avenue, Downers Grove IL. 60515. 630 275 5900